

THINGS YOU NEED TO KNOW

Covid 19 Procedures/Policy



- ◆ Our #1 goal is to keep everyone safe and happy.
- ◆ We will have a strict registration policy. 10 or less people for a class.
- ◆ You MUST reserve your time slot through our members portal (your login is the email you signed up with and password is whatever you created as well. If you need password reset please email Kelly@cspathlete.com) This will be on a first come first serve basis.
- ◆ If you cancel less than 12 hours in advance or no show, you will still be charged for a session to be fair to our other athletes trying to participate in a class.
- ◆ At this time in phase 1 parents will be asked to drop off athletes at the front door and not enter the facility to keep our #'s correct. Athletes will be greeted by staff and lead to the training area.
- ◆ Athletes entering the facility will have sanitizer stations and a no contact temperature check.
- ◆ Athletes will be responsible for wiping down stations and equipment provided by staff before they are to move to the next one.
- ◆ We are leaving a 20 min gap between classes to have athletes in one class exit the facility and staff time to sanitize before the next class.
- ◆ Athletes are expected to be prepared with water/drinks, sneakers for outdoor training and arrive 5 min before the session starts.





May 18th-June 14th Class Times:

Mon/Wed

6:00pm-7:00 or 7:20pm-8:20

Tues/Thurs

4:00pm-5:00 or 5:20pm-6:20

Athletes can only take 1 class on any given night. Athletes may attend up to 4 times a week.

Athletes must register in order to attend a class. You can register on the members portal app or

www.csp.members.pushpress.com